



Sex Definition Poll May 2026

- CLIENT:** Speak Up For Women
- POLL DATES:** Thursday 14 May to Tuesday 19 May 2026.
The median response was collected on Sunday 17 May 2026.
- TARGET POPULATION:** Adults aged 18+ who are eligible to vote.
- SAMPLE POPULATION:** Adults aged 18+ who are eligible to vote and who are contactable on a landline or mobile phone or online panel.
- SAMPLE SIZE:** 1,000 respondents agreed to participate – 250 via phone and 750 via online panel.
- SAMPLE SELECTION:** A random selection of 3,000 NZ phone numbers (landlines and mobiles) and a random selection from the target population from up to three global online panels (that comply with ESOMAR guidelines for online research).
- RESPONSE RATE:** Multiple call-backs occurred to maximise the response rate.
- OMNIBUS STATUS:** The poll was part of a wider omnibus survey for multiple clients. The questions for this client were asked in the order they are reported.
- WEIGHTING:** The results are weighted to reflect the overall NZ adult population in terms of gender, age, and area.
- SAMPLE ERROR:** Based on this sample of 1,000 respondents, the maximum sampling error (for a result of 50%) is +/- 3.1%, at the 95% confidence level. Results for sub-groups such as age and area will have a much higher margin of error and not seen as precise.

A Member of Parliament has proposed a law defining a woman as an adult human female and a man as an adult human male on the grounds of fairness and safety in single-sex spaces. Do you support or oppose this proposed law?

		Count	Col %
Law defining a woman as an adult human female	Support	465	51%
	Oppose	174	19%
	Unsure	278	30%
	Total	916	100%

A majority of 51% support the proposed law with 19% opposed and 30% unsure.

		Gender	
		Female Col %	Male Col %
Law defining a woman as an adult human female	Support	44%	58%
	Oppose	22%	16%
	Unsure	35%	26%
	Total	100%	100%

Women net +22% in favour and men net +42% in favour.

		Age			
		18 - 34 Col %	35 - 54 Col %	55 - 64 Col %	65+ Col %
Law defining a woman as an adult human female	Support	50%	52%	55%	49%
	Oppose	21%	17%	13%	21%
	Unsure	29%	32%	32%	30%
	Total	100%	100%	100%	100%

		Area			
		Metro Cities Col %	Prov Cities Col %	Towns Col %	Rural Col %
Law defining a woman as an adult human female	Support	51%	55%	52%	45%
	Oppose	17%	23%	20%	21%
	Unsure	33%	22%	28%	33%
	Total	100%	100%	100%	100%

		Current Party Vote					
		National Col %	Labour Col %	Green Col %	ACT Col %	NZ First Col %	TPM Col %
Law defining a woman as an adult human female	Support	65%	42%	40%	72%	71%	53%
	Oppose	14%	21%	34%	8%	14%	25%
	Unsure	22%	37%	27%	20%	16%	21%
	Total	100%	100%	100%	100%	100%	100%

Net support by party is:

1. ACT +64%
2. NZ First + 57%
3. National +51%
4. TPM +28%
5. Labour +21%
6. Greens +6%

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